

# Kinetic and Potential Energy Problems

Name \_\_\_\_\_

Use the equations for Potential Energy (PE) and Kinetic Energy (KE) on your formula sheet to complete the following energy calculations. Please use the 4-step problem-solving method that we have learned this year in class (Circle/bracket, list, formula, plug and chug). The steps are provided for questions 1 and 2, but be sure to do them for all of the problems afterwards too!

1. There is a 3 Kg coconut growing in the top of a coconut tree. The tree is 15 meters tall. What is the Gravitational Potential Energy (PE) of the coconut?

Formula \_\_\_\_\_ Work \_\_\_\_\_ Answer \_\_\_\_\_

PE=

m=

h=

g=

2. A crazy roller skater with a mass of 75 Kg is roller skating down the street at a velocity of 10 m/s. What is the kinetic energy (KE) of the roller skater?

Formula \_\_\_\_\_ Work \_\_\_\_\_ Answer \_\_\_\_\_

KE=

m=

v=

3. A giant rock with mass 400 Kg is sitting on top of a cliff that is 100 m tall. What is the PE of the rock at the top of the cliff?

4. During Mr. Ross's class, a giant bird flies into the window. If the bird has a mass of 2 Kg, and it was flying with a velocity of 18 m/s, what was its KE when it hit the window?

5. Mr. Clark rings the victory bell in Panther stadium, but it breaks and falls to the ground. If the bell has a mass of 22 Kg, and it was 1.5 m above the ground, what was the PE it had before falling?

